

Steadfast Running Groups

Social Media/Instant Messaging Guidelines

All SV's from the SAFVC (Singapore Armed Forces Volunteer Corps), can join the Steadfast Running Groups WhatsApp Groups, and the Facebook page. To encourage healthy and inclusive participation, all SV's joining our Groups are expected to adhere to be below guidelines. By joining the groups you have deemed to:

- Accept the terms and conditions below
- Be a responsible member by watching out for one another in the group/ report any issues to the Admin/IC's for any issues
- Know that you can opt out/leave the group at any time

Core Rules (a single violation may lead to removal, permanent Ban from the Groups)

- You may not use threatening, abusive, defamatory, obscene, hateful, racially or ethnically offensive language or terms and comments of a sexual nature are not allowed. If you are unsure that a comment is appropriate, keep it to yourself. – Personal attacks (verbal or otherwise) against any SV, inside the groups will NOT be tolerated.
- Distressing videos/images related to Rape, Suicide, Pornography, Mutilation, and other gross acts of indecency will NOT be tolerated

Basic WhatsApp/IM Rules (violation of a rule can lead to warnings/disciplinary action)

- Keep Chat Mature: Spamming or Childish behaviour will result in your immediate removal from the WhatsApp channel
- Be Responsible: Members are trusting you with their phone number and contact information. This stays within the group.
- Be Respectful: Do not attempt to call a member unless specific permission is given. Please communicate through the WhatsApp messaging. Not by calling their phone. Zero Tolerance Policy.
- Keep Chat pertaining to running, running competitions, or running events/exercise related activities.
- Avoid small sentence posts. We prefer you combine your thoughts to one post rather than a bunch of small separate posts. Doing so will cut down on the number of notifications and make it easier to read.
- Please use an audio recording for large messages. It's a lot easier than scrolling through a short novel.
- Please keep audio recordings to 1-2 minutes. Doing so will make it easier to download.
- Post videos as a last resort and if you can, links to YouTube work much better. Not everyone has huge mobile data plan
- Respond in chat when possible. Everyone enjoys a response, even if only a "hello." Especially if someone have helped you.
- If you want to talk to a certain person in the WhatsApp groups, you are obliged to message that person privately instead of talking in the group.